# **Proximate Composition and Carbohydrates**

The moisture, acid-insoluble ash and crude fiber of the aerial parts of Aerva javanica, growing in Egypt are 3.78, 2.56 and 2.24% respectively. The macro and micro elements in the total ash are P, 0.01; K, 1.56; Mg, 0.734; Na, 0.122; Ca, 3.0 %; Fe, 193.2, Mn, 97.35; Zn, 26.55; Cu, 4.2; Cd, 0.125; Li, 1.1 ppm and Pb (traces) (Wassel et al., 1997). The proximate composition of Aerva javanica, growing in Qatar is as follows: moisture, 5.70; lipids, 1.92; protein, 11.80, fiber, 23.72 and ash, 1.92%. The amino acids of the plant are: arginine, 0.39; histidine, 0.12; isoleucine, 0.31; leucine, 0.57; lysine, 0.36; methionine, 0.10; phenylalanine, 0.36; threonine, 0.33; valine, 0.39; aspartic acid, 0.82; serine, 0.37, glutamic acid, 0.97; proline, 0.88; glycine, 0.46; alanine, 0.41; cystine, 0.10; and tyrosine, 0.29%. The plant contains the following minerals: Na, 0.042; Fe, 0.128; Ni, 0.012; Mn, 0.150; Co, 0.037; Cu, 0.021; Mg, 1.25; Si, 6.52; and Cr, 0.13 ppm (Al-Easa et al., 2003). The different elements (Fe, Cd, Cu, Mn, Pb, Cr, Mg, Na, Zn, Ni, Ag, Au, As and Hg) have been determined by others (e.g. Rashed, 2010; Hussain et al., 2011). Investigation of the carbohydrates (6.12%) of the aerial parts of Aerva javanica, growing in Egypt revealed the presence of arabinose, rhamnose, xylose, galactose, glucose, mannose, mannitol (2.2%) and a polysaccharide of pectic nature (3.25%) (Aboutabl et al., 1997). Phytochemical screening of the plant revealed the presence of alkaloids, flavonoids, terpenoids and/or steroids (Al-Yahya, 1986; Rizk et al., 1986; Ahmed et al., 2010).

#### Lipids

Lauric ( $C_{12:0}$ , 4.221), myristic ( $C_{14:0}$ , 0.469), myristoleic (tetradec-9-enoic acid,  $C_{14:1}$ , 6.431), palmitic ( $C_{16:0}$ , 5.215), palmitoleic (hexadec-9-enoic acid,  $C_{16:1}$ , 37.585), stearic

(C<sub>18:0</sub>, 7.280), oleic (C<sub>18:1</sub>, 12.882) and linoleic (C<sub>18:2</sub>, 10.105 %) acids were identified in *Aerva javanica* (Abdel-Wahab *et al.*, 1997). The study of the fatty acids of *Aerva javanica* var. *bovei* revealed the presence of 14 fatty acids, 11 of which were identified as pelargonic (C<sub>9</sub>, nonanoic acid, 0.737), hendecanoic (C<sub>11</sub>, 1.149), lauric (0.740), myristic (2.343), pentadecanoic (C<sub>15</sub>, 20.394), stearic (15.775), oleic (8.041), linolenic (4.63), nonadecanoic (C<sub>19</sub>, 15.655), arachidonic (C<sub>20:1</sub>, 1.490) and eicosatrienoic (19.160 %) acids (Radwan *et al.*, 1999). The following fatty acids were identified from *Aerva tomentosa*: myristic, 4.5; palmitic, 71.5; palmitoleic, 2.2; stearic, 10.4; oleic, 1.8; and linoleic, 9.5% (Bishay *et al.*, 1977).

#### **Terpenoids, Steroids and Other Lipid Constituents**

Patterson et al. (1991) identified the following desmethyl sterols from Aerva javanica campesterol, stigmasterol, sitosterol, 7-ergostenol, spinasterol, 7-stigmastenol, campestanol, stigmastanol and 22-stigmastenol (Tables 1 and 2). The sterols identified in Aerva persica are shown in Tables 1 and 2 (Patterson et al., 1991). β-Sitosterol, campesterol, stigmasterol, stigmasterol acetate were isolated from the plant (Usmanghani et al., 1982a,b; Abdel-Wahab et al., 1997). The following compounds have been identified from both Aerva javanica and Aerva lanata, growing in Egypt: campesterol, stigmasterol,  $\beta$ -sitosterol,  $\alpha$ -amyrin,  $\beta$ -amyrin, lupeol, oleanolic acid, tridecane, tetradecane, pentadecane, hexadecane, heptadecane, nonadecane, eicosane, heneicosane, decasone, teracosane, octadecane, hexacosane. octacosane, nonacosane, triacontane and dotriacontane (Abdel-Wahab et al., 1997), betulinic acid and phytol (El-Seedi and Sobaih, 1999). Oleanolic acid, hentriacontane, nonacosane, nonacosanol, tritriacontane, tetratriacontane, campesterol, sitosterol and β-sitosterol glucoside (Usmanghani et al. (1982a,b) and ursolic acid (Khan et al., 2012) were isolated from Aerva javanica growing in Pakistan. Investigation of Aerva javanica var. bovi Webb, growing in Egypt revealed the presence of  $\alpha$ -amyrin,  $\beta$ -amyrin, campesterol,  $\beta$ -sitosterol, a fatty alcohol fraction, ranging from C<sub>26</sub> - C<sub>36</sub> (hexacosanol, octacosanol, tricontanol, dotricontanol, and hexatricontanol) and a series of hydrocarbons, ranging from C<sub>13</sub> to C<sub>30</sub> viz. tridecane, tetradecane, hexadecane, octadecane, nonadecane, eicosane, heneicosane, docosane, tricosane, tetracosane, pentacosane, hexacosane, octacosane and triacontane (Radwan et al., 1999).

Three glycosides (sitosterol, lupeol and oleanolic glycosides) (Abdel-Wahab *et al.*, 1997) and hentriacontane (Chandra and Sastry, 1990) were identified in *Aerva javanica*.  $\beta$ -Sitosterol and  $\alpha$ -amyrin were identified from *Aerva tomentosa* (Bishay *et al.*, 1977). Ecdysteroids (0.035%) were isolated from the roots of *Aerva tomentosa* (Maher *et al.*, 1995).

β-Sitosterol, β-sitosteroyl acetate, β-Sitosterol-3-*O*-β-glucopyranoside, lupeol and lupeol acetate were identified from *Aerva persica* (Ahmed *et al.*, 2008; Imran *et al.*, 2009b).

## **Flavonoids and Other Phenolics**

The following flavonoids have been identified from *Aerva javanica*: kaempferol 3-galactoside, kaempferol 3-rhamnogalactoside (Aiyar *et al.*, 1973), isorhamnetin 3-*O*- $\beta$ -[4"'-*p*-coumaroyl- $\alpha$ -rhamnosyl(1 $\rightarrow$ 6)galactoside], along with its unacylated derivative, its kaempferol analogue and various kaempferol, quercetin, and isorhamnetin glycosides (Saleh *et al.*, 1990), quercetin, quercetin 3-*O*-rutinoside, quercetin 3-*O*-xylosyl(1 $\rightarrow$ 2)rhamnoside (El-Seedi and Sobaih, 1999), chrysoeriol, isorhamnetin 3-*O*-rutinoside, kaempferol 3-*O*-robinoside, isoquercetrin (**53**), apigenin 7-*O*-glucuronide and kaempferol 3-*O*- $\beta$ -D-glucopyranosyl (1 $\rightarrow$ 2)- $\alpha$ -L-rhamnopyranoside-7-*O*- $\alpha$ -L-rhamnopyranoside (Aiyar *et al.*, 1999; Sharif *et al.*, 2011).

5-Methylmellein (**54**), 2-hydroxy-3-*O*- $\beta$ -primeveroside naphthalene-1,4-dione (**55**) and 7-(1'-hydroxymethyl)-2-(2"-hydroxyethyl)-3,4-dihydrobenzopyran (**56**) (Sharif *et al.*, 2011), 3-hydroxy-4-methoxybenzaldehyde and (*E*)-*N*-(4-hydroxy-3-methoxyphenethyl)-3-(4-hydroxy-3-ethoxyphenyl) acryl amide (Khan *et al.*, 2012) were also isolated from *Aerva javanica*.

The following flavonoids were isolated from *Aerva persica* Burm. f.: aervanone (8-*C*- $\beta$ -D-galactosyl-7,4'-dihydroxyflavanone) (Garg *et al.*, 1980), persinol (**57**), persinoside A (**58**), persinoside B (**59**), liquiritigenin (**60**), eriodictyol 5-*O*- $\beta$ -D-glucoside (**61**) (Ahmed *et al.*, 2006), 5,4'-hydroxy-3,6,7-trimethoxyflavone, 5-hydroxy-3,6,7,4'-tetramethoxyflavone, apigenin 7-*O*- $\beta$ -D-glucoside, 5-hydroxy-2',3,5',6,7-pentamethoxyflavone, 3,3',5-trihydroxy-4'-methoxyflavone-7-*O*- $\beta$ -glucoside (Ahmed *et al.*, 2008), and 5-hydroxy-3',4',6,7,8-pentamethoxyflavone (Imran *et al.*, 2009b). Chrysin 7-*O*-galactoside was isolated from the roots of *Aerva persica* (Garg *et al.*, 1979).



Bishay *et al.* (1977) reported the isolation of four kaempferol glycosides from *Aerva tomentosa* Forssk. (*Aerva persica* Burm. f.), growing in Egypt. From the perianth lobes of *Aerva tomentosa*, a rare flavonol glycoside, kaempferide  $3-O-(6"-O-acetyl-4"'-O-\alpha-methylsinapyl)$  neohesperidoside (**62**) has been isolated (Jaswant *et al.*, 2003).



The following compounds have been isolated from *Aerva persica*: methylgravillate, benzoic acid (Ahmed *et al.*, 2008), aervins A-D (coumaronochromone analogues) (Imran *et al.*, 2009a), 4-hydroxybenzaldehyde, 4-hydroxybenzoic acid, 5,7-dimethoxycoumarin, 5,8-dihydroxycoumarin, 5,6,7-trimethoxycoumarin, 4-hydroxy-3,5-dimethoxybenzaldehyde, 3,4'-dihydroxy-3',5'-dimethoxypropiophenone and gallic acid (Imran *et al.*, 2009b).

### Saponins and Alkaloids

Three glycosides ( $\beta$ -sitosterol glucoside and two saponin glycosides) were isolated from *Aerva javanica* growing in Egypt. Hydrolysis of saponin glycoside I yielded lupeol, galactose and glucose. Saponin II gave on hydrolysis oleanolic acid, galactose, glucose and rhamnose (Abdel-Wahab *et al.*, 1997).

Ammar *et al.* (1996) isolated two alkaloids, aervin (10-hydroxy-canthin-6-one) and methyl aervin (10-methoxy-canthin-6-one) from *Aerva javanica* growing in Egypt.

## Folk Medicine, Pharmacological and Biological Activities

Different uses in folk medicine have been attributed to both *Aerva javanica* and *Aerva lanata*, being mainly used as diuretic and in kidney troubles (Chopra *et al.*, 1956; Lewis and Elvin-Lewis, 1977; Aboutabl *et al.*, 1997; Punjani, 2010). Both species are also useful in strangury (Punjani, 2010).

Aerva javanica has been used by Egyptian Bedouins, as an analgesic, local anesthetic, antitoxic (or snake bite) and antihistaminic (El-Seedi and Sobaih, 1999). Aerva javanica var. bovi is diuretic and demulcent, and is effective in lithiasis. It is also used as anti-inflammatory, for headache and toothache. Aerva javanica var. javanica is used as anthelmintic, diuretic, demulcent, against rheumatism and for the treatment of headache (Qureshi and Bhatti, 2009).

*Aerva persica* possesses diuretic and demulcent properties (Garg *et al.*, 1979); the roots and flowers are reported to possess medicinal properties against rheumatism and kidney troubles (Garg *et al.*, 1980). In Pakistan, the roots are used in headache and as demulcent. Decoction of the roots is given as tonic to pregnant women. It is also used for the treatment of dysentery, gonorrhea, kidney disorders and cutaneous infections (Ahmed *et al.*, 2008).

Aerva javanica extracts showed antimicrobial (antibacterial and antifungal) activity (Mufti *et al.*, 2012). The antibacterial activity of the ethyl acetate extract and fatty acids of Aerva javanica var. *bovei* was reported (Radwan *et al.*, 1999). The aqueous extract of Aerva